The Revolutionary

Mountaire® Black Label Chicken Chop™ Menu Profit Worksheet

Find out how much menuing profit potential is packed into the versatile pre-trimmed Mountaire Black Label Chicken Chop (Whole Boneless Leg) by filling out the indicated sections.

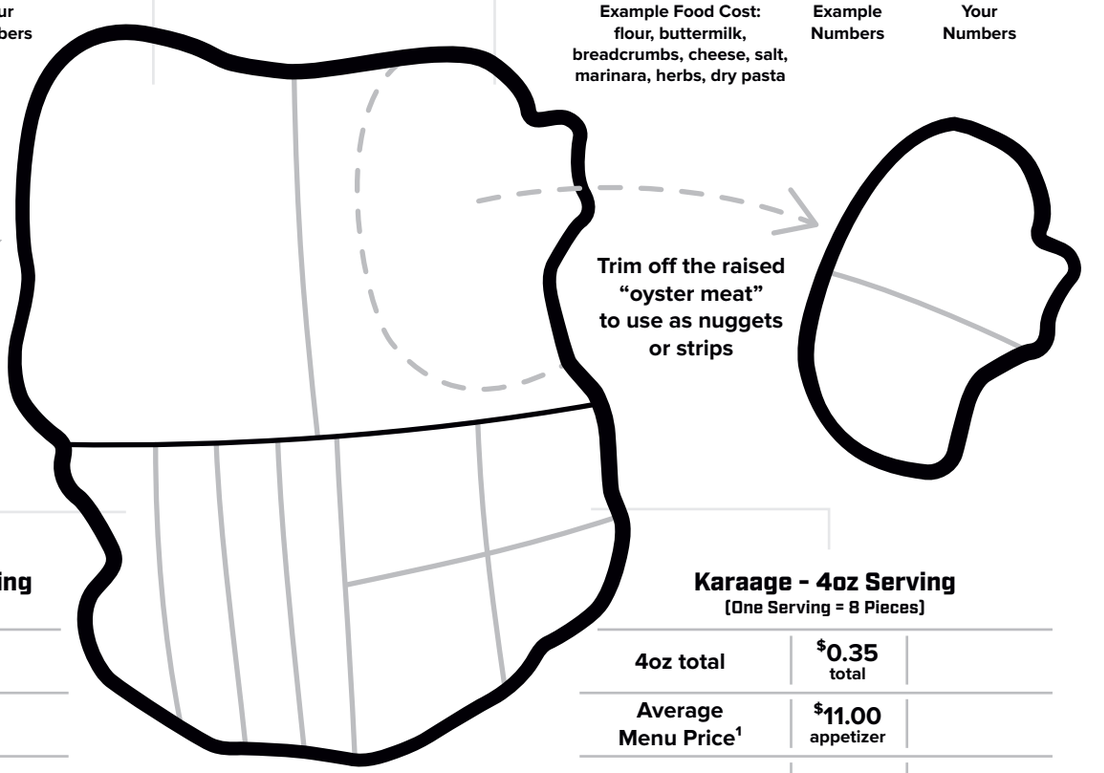
Chicken Sandwich – 4oz Serving
(Makes Two 4oz Sandwiches)

4oz Sandwich	$0.35 each	
Average Menu Price[1]	$11.00 entrée	
Protein Cost (3%)	$0.35	
Additional Food Cost (14%)	$1.55	
Profit Margin	83%	
Example Food Cost: flour, buttermilk, salt, mayo lettuce, bun	Example Numbers	Your Numbers

Chicken Parmigiana - 8oz Serving
(Makes One 8oz Portion)

8oz each	$0.69 each	
Average Menu Price[1]	$18.00 entrée	
Protein Cost (4%)	$0.69	
Additional Food Cost (16%)	$2.85	
Profit Margin	80%	
Example Food Cost: flour, buttermilk, breadcrumbs, cheese, salt, marinara, herbs, dry pasta	Example Numbers	Your Numbers

Two 4oz Cutlets
or
One 8oz Cutlet



4oz Strips
or
4oz Nuggets

Chicken Fajita Strips - 4oz Serving
(Makes One 4 oz Lunch Portion)

4oz total	$0.35 total	
Average Menu Price[1]	$12.50 entrée	
Protein Cost (3%)	$0.35	
Additional Food Cost (16%)	$2.02	
Profit Margin	81%	
Example Food Cost: tortillas, onions, peppers, spices, cheese, rice	Example Numbers	Your Numbers

Karaage - 4oz Serving
(One Serving = 8 Pieces)

4oz total	$0.35 total	
Average Menu Price[1]	$11.00 appetizer	
Protein Cost (3%)	$0.35	
Additional Food Cost (16%)	$1.75	
Profit Margin	81%	
Example Food Cost: flour, buttermilk, mayo, herbs and spices, soy sauce, yuzu juice	Example Numbers	Your Numbers

NOTE: These are examples of how the Mountaire Black Label Chicken Chop could be used back of house to deliver profitable dishes. This is based on a 12oz. trimmed boneless leg meat for $1.38lb/$0.086oz. The actual costs and profitability will be different depending on the market, menu prices, and many other factors. All menu prices are an average of casual dining restaurant from Datassential Menu Trends.

Sources: SupplyTrack YE February 2025 for Average Price Per pound; Datassential Menu Trends for average menu costs; numbers could vary slightly due to rounding.
SupplyTrack® is a registered trademark of Circana Inc.
© 2025 Mountaire Farms Inc. All Rights Reserved. MNT-BL_BM_COL_0525_00094